

# Parenting In A Pandemic: A Student Parent Support Group

The Parenting in a Pandemic Initiative aims to support parents of the UC Davis community in navigating the changing landscapes of the pandemic and keeping children and families safe and fully able to pursue educational opportunities. It takes a village – especially at a time of crisis. This group for student parents and their partners will provide space for the expert-guided discussions with the goal of maintaining health and wellbeing amidst the pandemic.

All events will be held virtually and will be limited to 25 participants. See below to register for each event. To support local businesses and create a feeling of community, attendees of each webinar will receive a gift card with the \$15 value to one of Davis' eateries

## Doing It All When Your Children Are Small in a Pandemic: Ideas and Strategies For Student Parents and Their Partners



Time: 12pm-1pm  
Monday, November 29, 2021  
Registration:  
<https://tinyurl.com/y63tjupt>



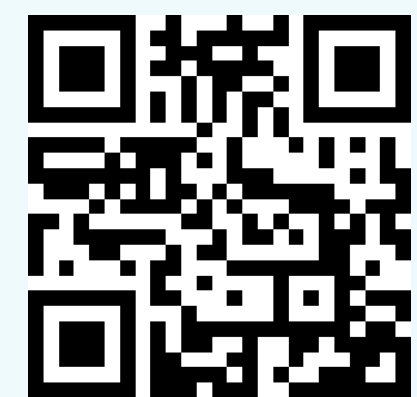
**Dr. Diane Wolf, Ph.D.**  
Professor of Sociology  
Faculty Assistant to the Vice-Provost  
of Academic Affairs  
Certified Postpartum Doula



**Tracy A. Thomas, MA**  
Licensed Marriage and Family Therapist,  
Community Counselor Student Health and  
Counseling Services, UC Davis

## Maintain Tween and Teen Emotional and Mental Health in the Times of COVID-19

Time: 11am-12pm  
Wednesday, December 8, 2021  
Registration:  
<https://tinyurl.com/4bwcmryv>



## Little People, Big Worries : Understanding Childhood Anxiety and Fostering Resilience During COVID-19 Pandemic



Time: 10am-11am  
Monday, December 13, 2021  
Registration:  
<https://tinyurl.com/h9d5t849>



**Dr. Rebecca Hershberg, Ph.D.**  
Clinical psychologist of early childhood  
social-emotional development and mental  
health, founder of Little House Calls  
Psychological Services